THIS SECTION FO	OR OFFICE USE ONLY		Administrative C	oordinator Initial:
Date Received:		CIVI ID:		Application Complete:
SARI THERAPEUTIC RIDING	Name of Applicant:  Gender: Applying to program* (che  *Appropriateness for SARI's differences.	Date of Birth (M/D/ck all that apply):   Little Eerent programs is decident.	INFORMATION	
Address of Applica	ant:			
				Code:
	n:			
Emergency Conta	ct:		Relations	ship:
Contact Phone: (	1)	(2	)	
applicants complete.	licant has a diagnosed disal with special needs <i>except</i> the	hose applying to G	rooming. Referra	s referral is required for all Il is required for application to be
		nosed disability/spe	cial need and is	applying for SARI's integrated
□The app	licant has allergies which ar	e:		
□The app	licant is currently taking me	dication (list all):		
	e applicant's height (feet/ind n in horseback riding may b			ght* (lbs):
	e information provided on th at SARI Therapeutic Riding	• •	is accurate and ç	grant the applicant permission to
Print Name (Parent/	Guardian):		Signature:	
Print Name (Applica	int >18 Years)		Signature:	

#### PROGRAM INFORMATION FOR APPLICANTS

SARI Therapeutic Riding provides opportunities for people with special needs to move towards greater independence and freedom through their connection with horses. SARI offers five programs to include participants of all levels and abilities.

Program	Session Structure	Details on Applying to Program
Therapeutic Riding  Horseback riding lessons are specialized to meet each rider's physical, social, communication and independence goals.	30 minutes, once per week  Three sessions: Fall, Winter, Spring	<ol> <li>Complete "Program Application &amp; Personal Information"</li> <li>Complete "Physician's Referral"</li> <li>Submit both documents to the SARI office to consider your application complete.*</li> </ol>
Grooming  Promotes social interaction on the ground through grooming horses and learning horsemanship skills.	60 minutes, once per week  Three sessions: Fall, Winter, Spring	Complete "Program Application & Personal Information"      Submit document to the SARI office.
Little Britches  A fun-filled integrated program open to children with and without special needs, age 4-12. Participants enjoy crafts, games, songs, and a pony ride.	Half days (AM or PM) One Sunday per month Spring (March-June) or Fall (Sept-Dec)	<ol> <li>Complete "Program Application &amp; Personal Information"</li> <li>If applicant has a diagnosed special need, complete "Physician's Referral"*</li> <li>Submit document(s) to the SARI office.</li> </ol>
Summer Camp  An exciting day camp for kids age 6 to 18. Participants enjoy horseback riding lessons, crafts, guest speakers, theme days and horsemanship activities.	Full days, 9am to 4pm Monday to Friday, July and August	Please include your selection of dates for participation:  4. Payment and application are required to hold spot.

<sup>\*</sup>Applicants with special needs will be contacted for assessment by SARI's team of therapists and certified riding instructors to determine suitability for participation in programs. This process costs \$85 (Therapeutic Riding only) and takes up to 60 minutes and includes a portion with horses. This process is mandatory to optimize safety and participant's experience while at SARI. *The* \$85 assessment fee is non-refundable.

THIS SECTION FOR OFFICE USE ONLY &	& A	DM	INI	ST	RA	ΤIV	Έ(	200	DRDINA	ATOR NOTES:	
Applicant choice of Little Britches (circle):		SF	PRI	NG			F٨	۱LL		□ \$ Received	Staff Initials:
Applicant choice of Camp Week(s) (circle):	1	2	3	4	5	6	7	8	9	□ \$ Received	Staff Initials:
Notes:											

	SARI THERAPEUTIC RIDING - INFORMED WAIVER AND CONSENT								
			R AND/OR PARENT/ GUARDIAN WHO V EQUESTRIAN EVENT OF SARI THERA						
☐ PROGRAM PARTICIPAL	NT 🗆 VOLUNTEER	☐ EVENT PARTICIPANT	□ OTHER						
ELEMENTS OF RISK									
participating in activities wh	ile riding, handling or being		se facilities involve an element of risk. Inju se following list includes, but is not intende Riding:						
Fall from horse	Bite from horse	Kick from horse	Stepped on by horse						
paying participant, SARI Th		yees/agents, or the facility where	ty and can occur without any fault of the pa the activity is taking place. By choosing to						
The risk of an injury occurring proximity to horses or horses		eliminated, by carefully following	instructions at all times while engaged in	the activity or while in					
may occur. SARI Therapeu		accidental death, disability, dism	edge and agree that you bear the respons emberment or medical expense insurance						
from the conduct and beha		nowledge and agree that you sh	endent's horse) and of liability to third part all be solely responsible for all damage or						
	In addition to the foregoing, you acknowledge and accept that there may be risks to you and your dependent, and even your horse, of contracting an infectious disease, including but not limited to COVID-19, while being in proximity to other people, horses or horse facilities, even where reasonable care is used.								
In exchange for myself, n agree:	ny dependent, or my (or m	y dependant's) horse being pe	ermitted to participate in these SARI act	livities, I hereby					
(i) that I acknowledge, ac	cept and assume all risks	and responsibilities as set ou	t above for myself, my dependent, and	such horse;					
employees, volunteers, g their respective successors such horse arising out of any illness or infectious of dependent's horse or pro- and injury or damage to the	uests and any land owner ors and assigns (collective or in relation to my or my disease, including COVID- perty, and for any liability he property of third partie	s, land holders or other perso ely, the "Released Parties") for dependent's or horse's partic 19, contracted by myself or m arising as a result of claims for s, as a result of the actions of	t SARI Therapeutic Riding, its officers, on making property available to SARI To any injury, including death, to myself of cipation in SARI horseback riding or relay dependent or horse, and any injury or or injuries or damages or illness sustain myself, my dependent or my or my depens as a result of the negligence of any of	herapeutic Riding, or to my dependent or ated activities, and r damage to my or my ned by third parties, pendent's horse,					

(iii) that I shall indemnify and save harmless the Released Parties, and each of them, from and against any and all claims, demands and/or liabilities arising out of or in relation to my participation or the participation of my dependent or horse in these activities, including without limitation all of the Released Claims, and including without limitation all legal costs incurred by any of them in connection with such claims.

#### **ACKNOWLEDGEMENT**

BY SIGNING BELOW, I HEREBY DECLARE THAT I AM OF LEGAL AGE AND I HAVE READ AND FULLY UNDERSTAND AND AGREE TO THE TERMS AND CONDITIONS STATED HEREIN AND THAT IT IS BINDING ON ME, MY EXECUTORS, HEIRS AND ASSIGNS. IF I AM SIGNING AS PARENT/GUARDIAN, I HEREBY DECLARE THAT I HAVE THE LEGAL AUTHORITY TO DO SO. I UNDERSTAND THAT IN PARTICIPATING (OR PERMITTING MY DEDPENDANT TO PARTICIPATE) IN A SARI EQUESTRIAN PROGRAM OR EVENT, I AM ASSUMING ALL RISKS AND RESPONSIBILITIES AS SET OUT ABOVE ASSOCIATED WITH DOING SO.

Print Name of Volunteer/Participant:	Date:	Age (if under 18):
Print Name of Parent/Guardian:	Date:	
Signature of Volunteer/Participant:	Date:	
Signature of Parent/Guardian:	Date:	
PERMISSION		
I give (name of participant or volunteer)or equestrian event.	_ permission to participate in the	SARI Therapeutic Riding Program
Signature of Parent/Guardian:	Date:	

# SARI

#### PHYSICAL CONTACT POLICY

Due to the nature of the work at SARI Therapeutic Riding it is understood that physical contact with the participants by staff, instructors, therapists and trained volunteers is necessary.

Physical contact may include the following:

- Assisting riders when mounting.
- Assisting riders when riding a horse to maintain correct, safe posture and position.
- · Assisting riders when dismounting.
- Where necessary to address safety and/or behavioural or other concerns, to quickly physically remove a rider from the horse.

Physical contact is undertaken for the well-being of the participant and is undertaken in the interest of providing a safe environment for all. Any physical contact that is necessary will be undertaken with the utmost discretion.

#### I have read, understood and agree to the terms of the policy.

Print Name of Participant:	Date:
Signature of Volunteer/Participant:	Date:
Print Name of Parent/Guardian:	Date:
Signature of Parent/Guardian:	Date:



#### PHOTO RELEASE FORM

I give consent to SARI Therapeutic Riding to publish still and moving photographs taken of the individual named below, for use in SARI's print, online, and video-based marketing and/or educational materials, as well as other publications. This includes but is not limited to use on SARI posters, social media, newsletter, email communications or for any other use for benefit of the program.

I ACCEPT□	I DECLINE□	
Print Name of Participant:	Date:	
Signature of Participant:	Date:	-
If Volunteer/Participant Under 18 Print Name of Parent/Guardian:	Date:	
Signature of Parent/Guardian:	Date:	

Note: It is the parent/guardian's responsibility to notify the office if the status of this consent changes.



#### Dear Physician,

Thank you for completing the referral form for your patient to apply to participate in the program at SARI Therapeutic Riding. Your comments will help our therapists and instructors decide on this patient's suitability for riding and help them provide a better quality individualized program for the patient. Where possible, please be specific with your comments. The physician is asked to complete the entire form. For this reason, please stamp the final page of the referral with your office's stamp. If any part of the referral is incomplete or completed by the parent/guardian, the form will be returned to the applicant and they will not be placed onto the wait list. Please take the time to ensure each space is complete.

Please review the list of contraindications and precautions, and consider the ones that may be applicable for your patient. A full index of precautions and contraindications is available on our website at sari.ca/precautions. If you have any questions or concerns, contact the SARI office.

Horseback riding puts participants with Atlantoaxial Instability (AAI) at an increased risk of injury including but not limited to falling from a height, sudden movements of the equine, the weight of the rider' helmet, or repeated motion of the rider with every stride of the horse. The presence of neurological signs in individuals with AAI is a contraindication for mounted activities; riding is not considered safe until the participant's condition improves. For this reason, and in accordance with PATH Intl. Standards, SARI Therapeutic Riding requires annual medical clearance for all participants with Down Syndrome, and any other participant with a condition that may present AAI.

Upon receiving your referral and other documentation from the applicant, he/she will be booked for an assessment by a Physiotherapist or Occupational Therapist prior to entrance into our program. This evaluation will assess the rider's abilities on and off the horse and determine the appropriateness of the applied for program. The assessment will also determine special requirements and adaptations needed for riding. The rider may be reassessed should it be warranted.

Working with equines is considered a high risk activity; therefore, the highest standards of safety and therapeutic riding instruction are maintained as per the Professional Association of Therapeutic Horsemanship International.

SARI offers three sessions per year and classes run weekly for 30-60 minutes, depending on the size and ability of the class participants. Depending on the level of the ability of rider, he/she may have a volunteer lead the horse and may have one or two volunteers walk beside the horse to provide physical support. The majority of classes are walk-trot or walk only. Please consider the implications of the horse's gait (i.e. smooth, choppy, animated) on your patient when on horseback, as well as the potential impact of a rider fall from an equine between 4-7 feet from the ground before deeming this an appropriate activity for the applicant.

Thank you again for completing the referral form. If you have any questions about your patient's participation in the program or have other questions about SARI and therapeutic equine programs in general, please do not hesitate to call the office at 519-666-1123.

Sincerely,

Janine Langley
Executive Director

### SARI THERAPEUTIC RIDING CONTRAINDICATIONS AND PRECAUTIONS FOR THERAPEUTIC RIDING

The following conditions may represent precautions or contraindications to therapeutic horseback riding if present in potential participants. Therefore, when completing the physician's referral, please note whether these conditions are present and to what degree. *Full index of precautions and contraindications is available on our website at sari.ca/precautions.* 

- Achondroplasia
- Age-Related Considerations
- Allergies
- Amputations
- Amyotrophic Lateral Sclerosis (ALS)
- Arthritis, including JRA, rheumatoid arthritis
- Arthrogryposis
- Asthma
- Atherosclerosis
- Attention Deficit Hyperactive Disorder
- Autism Spectrum Disorder
- Autonomic Dysreflexia
- Behaviour and Psychosocial Problems/Conduct Disorder
- Brain Injury/Encephalopathy
- Cancer
- Cerebral Palsy
- Chiari II Malformation
- Childhood Disintegrative Disorder
- Chronic Fatigue Immune Dysfunction Syndrome
- Chronic Obstructive Pulmonary Disease (COPD)
- Communication Disorder
- Cranial Defects
- Cystic Fibrosis
- Degenerative Joint Conditions
- Decubitus Ulcers
- Diabetes
- Dorsal Rhizotomy
- Down Syndrome/Atlantoaxial Instability
- Eating Disorders
- Epilepsy
- Equipment, i.e. feeding tubes, tracheostomies, internal pumps, shunts, catheter, etc.
- Fatigue/Poor Endurance
- Fibromyalgia
- Guillain-Barre Syndrome
- Head/Neck Control
- Heart/Cardiac Conditions
- Hemiplegia
- Hemophilia
- Heterotopic Ossification/Myositis Ossificans
- High Blood Pressure/Hypertension
- Hip Subluxation and Dislocation
- HIV Positive/AIDS

- Hydrocephalus
- Hydromyelia
- Hypertonia/Hypotonia
- Hypochondroplasia
- Hypoxic Ischemia
- Joint Replacement
- Medications, i.e. phototoxicity, photoallergy, anticoagulants, anticonvulsants, antipsychotics, blood thinners, bronchodilators, pain control, etc.
- Migraines/Headaches
- Myelomenigocele
- Myopathy/Muscular Dystrophy/Spinal Muscular Atrophy
- Neuromuscular Disorders/Multiple Sclerosis
- Obesity
- Oppositional Defiant Disorder
- Osteogensis Imperfecta
- Osteoarthritis
- Osteoporosis
- Osteotomy
- Paraplegia
- Pathologic Fractures
- Peripheral Vascular Disease
- Pervasive Developmental Disorder/PDD-NOS
- Post-Polio Syndrome
- Quadriplegia
- Raynaud's Phenomenon
- Respiratory Compromise
- Rett Syndrome
- Sensory Integrative Disorder/Sensory Processing Dysfunction
- Skin Integrity
- Spina Bifida/Spina Bifida Occulta/Spina Bifida Cystica
- Spinal Cord Injury
- Spinal Curvature scoliosis, kyphosis, lordosis
- Spinal Fusion/Fixation
- Spinal Instability
- Spinal Muscular Atrophy
- Spinal Orthosis
- Stroke/Cerebrovascular Accident
- Substance Abuse/Drug or Alcohol Dependence
- Surgery (recent)
- Total Hip/Knee Replacement
- Trunk Control

## SARI THERAPEUTIC RIDING PHYSICIAN'S REFERRAL

NAME OF CLIENT Click or tap here to enter text.	DATE OF BIRTH Click or tap here to enter text.
WEIGHT *Participation in horseback riding may be limited above 170lbs. Click or tap here to enter text.	HEIGHT Click or tap here to enter text.
PRIMARY DIAGNOSIS Click or tap here to enter text.	DATE OF ONSET Click or tap here to enter text.
SECONDARY DIAGNOSIS OR ASSOCIATIONS Click or tap here to enter text.	DATE OF ONSET Click or tap here to enter text.

#### PLEASE CIRCLE APPROPRIATE RESPONSE AND COMMENT SPECIFICALLY AND AS NECESSARY

AUDITORY IMPAIRMENTS	NO	YES	,					
IIIII AII(IIIEI(10								
SPEECH	NO	YES	IF YES, BE SPECIFIC (i.e. verbal, non-verbal, other):					
IMPAIRMENTS			Click or tap here to enter text.					
			MODE OF COMMUNICATION (i.e. PECS, ASL):					
			Click or tap here to enter text.					
VISUAL	NO	YES	IF YES, BE SPECIFIC: Click or tap here to enter text.					
IMPAIRMENTS								
BEHAVIOURAL	NO	YES	IF YES, BE SPECIFIC: (as to how the applicant's behaviour may affect					
CONCERNS			their level of risk around horses, i.e. flight risk, aggression, lack of fear, etc.)					
			Click or tap here to enter text.					
			Chek of the field to chef took					
MENTAL HEALTH	NO	YES	IF YES, BE SPECIFIC:					
CONCERNS			Click or tap here to enter text.					
CIRCULATORY	NO	YES	IF YES, BE SPECIFIC: Click or tap here to enter text.					
IMPAIRMENTS								
ABNORMAL	NO	YES	IF YES, BE SPECIFIC: Click or tap here to enter text.					
SENSATION			*					

DOWN SYNDROME & ATLANTOAXIAL INSTABILITY (AAI)	A NEUROLOGIC EXAM HAS DETERMINED THAT NEUROLOGIC SIGNS OF ATLANTOAXIAL INSTABILITY OR FOCAL NEUROLOGIC DISORDER ARE:  □ Present □ Absent										
INOTABILITY (AAI)	AAI). signs signs	ally for those with a diagnosis of Down Syndrome (or other diagnosis that may present AI). Annual medical clearance by a physician indicating the absence of neurological gas of AAI is required for participants with this diagnosis. The presence of neurological gas in individuals consistent with AAI is a contraindication for mounted activities; riding is t safe until the participant's condition improves.									
INCONTINENCE	NO	YES	Click or tap here to enter text.								
DIABETIC	NO	YES	Click or tap here to e	enter text.							
SEIZURES	Although seizures are not always contraindicated to therapeutic riding, we do need to take extra safety precautions in case a rider were to have a seizure while mounted on a horse. It is beneficial for us to have full knowledge of the seizures they experience so our program therapists can determine eligibility for the program.  Please consider the potential impact on your patient of a rider fall from an equine between 4-7 feet from the ground before deeming this an appropriate activity for the applicant.										
	NON	E□	ABSENCE   PARTIAL COMPLEX   TONIC CLONIC								
	ARE	SEIZURI	ES CONTROLLED E	BY MEDICATION? NO	☐ YES□						
	DATI	E OF LAS	ST SEIZURE: Mont	hYear							
		HE SEIZ	URES HAPPEN AT	A SPECIFIC TIME EACH DAY	/? IF YES, PLEASE						
	Click	or tap her	e to enter text.								
	IS THERE ANY OTHER INFORMATION WE SHOULD BE AWARE OF? Please consider triggers, changes to expect during seizure, duration, when it's a medical emergency, special instructions, etc. If a seizure plan is available, please attach to completed referral.										
	Click	or tap her	e to enter text.								

HIP SUBLUXATION OR DISLOCA	TION	NO	YES	IF YES,	ES, BE SPECIFIC:			
				Click or t	ap he	ere to enter text.		
CO-ORDINATION OF UPPER EXTREMITIES			□ NO	RMAL		ABNORMAL		GROSSLY ABNORMAL
CO-ORDINATION OF LOWER EXTREMITIES			□ №	RMAL		ABNORMAL		GROSSLY ABNORMAL
MUSCLE TONE - UPPER EXTRE	MITIES		□ №	RMAL		HIGH TONE		LOW TONE
MUSCLE TONE – LOWER EXTRE	MITIES	3	□ №	RMAL		HIGH TONE		LOW TONE
MUSCLE TONE – TRUNK & NECH	<		□ №	RMAL		HIGH TONE		LOW TONE
SITTING BALANCE STATIC			□ GO	OD		FAIR		POOR
SITTING BALANCE DYNAMIC			□ GO	OD		FAIR		POOR
STANDING BALANCE STATIC			□ GO	OD		FAIR		POOR
STANDING BALANCE DYNAMIC			□ GO	OD		FAIR		POOR
	Ī							
MEDICATIONS	PLEA	SE SI	PECIFY,	including	, sid	e effects:Clic	k or	tap here to enter text.
RELEVANT SURGERIES AND DATES	PLEA	SE SI	PECIFY:	Click or tap	here	e to enter text.		
ASSISTIVE DEVICES, BRACES, SPINAL RODS OR FUSION	PLEA	SE SI	PECIFY:	Click or tap	here	e to enter text.		
SHUNTS		0	IF YES,	BE SPE	CIFIC	Click or tap h	ere t	o enter text.
	☐ YE	ES						
KNOWN ALLERGIES	Click	or tap l	nere to en	ter text.				
DATE OF LAST TETANUS	Click	or tap l	nere to en	ter text.				
COMMUNICABLE DISEASES		0	IF YES, BE SPECIFIC: Click or tap here to enter text.					
	□ YE	ES						
DOWN SYNDROME &	YEAR	& DE	TAILS (	attach re <sub>l</sub>	oort	- mandatory)		
RHEUMATOID CERVICAL SPINE X-RAYS (see contraindications)	Click	or tap l	nere to en	ter text.				
FLEXION/EXTENSION X-RAYS REQUIRED (see contraindications)			TAILS (	_	oort	- mandatory)		
AUTISM SPECTRUM DIAGNOSIS	DESC	RIBE		IATED BE	EHA'	VIOURS:		

CRITERIA FOR INCLUSION IN	CHECK ONE:											
HIPPOTHERAPY PROGRAM	☐ The applicant is <i>ABLE</i> to sit, unaided, on a hard surface for 30 sec.											
	☐ The applicant is <i>UNABLE</i> to sit, unaided, on a hard surface for 30 sec.											
PLEASE COMMENT ON HOW THE SPECIFIC PROGRAM (RIDING, GROOMING, SUMMER CAMP, ETC.) MAY BENEFIT THE APPLICANT:												
Click or tap here to enter text.												
HOW OFTEN SHOULD THIS	☐ YEARLY	☐ EVERY 2 YRS	☐ EVERY 5 YRS	□ NEVER								
FORM BE UPDATED?	L TEARLT	EVERT 2 TRS	□ EVERTS TRS	□ NEVER								
In my opinion, this patient is eligible for the program being applied to at SARI Therapeutic Riding. I understand that this patient will receive an assessment by a physical, occupational therapist. This process will be done to determine suitability for programs with respect to applicant's physical and cognitive abilities and/or limitations in performing exercises and activities around horses.												
PHYSICIAN'S NAME (PRINT)	Pl	PHYSICIAN'S OFFICE STAMP										
Click or tap here to enter text.												
PHYSICIAN'S SIGNATURE												
DATE												
Click or tap here to enter text.												

SARI treats all personal information as confidential and does not release it to any other organization. Any information provided may be used to decide on this patient's suitability for riding and help provide a better quality individualized program for the patient.

Provide form to: SARI Therapeutic Riding, 12659 Medway Road, Arva ON, N0M 1C0 For further information, please contact the SARI office at 519-666-1123 or office@sari.ca