



SARI THERAPEUTIC RIDING 2022 ANNUAL REPORT



SARI's 2022 Ambassador Megan Robinson is shown here with her mount, Dickens. Megan shares, *"Recovering from Guillain-Barré syndrome can take years and I fully credit my riding lessons to helping me achieve that functionality much sooner than anticipated. The movement of the horse helped to activate the muscles in and around my pelvis that mimic walking, helping me to train longer than I would be able to actually on my own two feet. Holding the reins and grooming helped me with my fine motor skills and the feedback from the horses gave me the proprioception I needed to figure out where I was in space again. They call me a "Medical Unicorn", so it only seems fitting that I find myself a home among the magical unicorns at SARI."* We extend our sincere thanks to Megan for her service to SARI this year.

SARI's Mission

We provide opportunities for people with special needs to move towards greater independence and freedom through their connection with horses.

SARI's Values

SARI is a caring community of volunteers, donors, board members, parents, staff and horses working interdependently to serve people with special needs and others. We provide a supportive atmosphere conducive to networking, sharing and learning. We value and celebrate the wonderful diversity represented in this community and through our actions, words and representations we promote the fundamental dignity of all. We seek to create and maintain a stimulating environment and foster the distinct contributions of all individuals within the SARI community.

Executive Director's Message

2022 was an rejuvenating year for SARI as we proudly welcomed back our beloved participants to 100% capacity programming after two years of navigating changing pandemic restrictions. Our team eagerly embraced this “return to normal” and kept busy:

- ◇ We hosted 10 volunteer orientations and a dozen educational opportunities for instructors!
- ◇ A group of eight staff and instructors attended a three-day conference at Lake Erie College with PATH International Region 4, bringing home fresh ideas and a bigger network of equine professionals.
- ◇ We hosted over 20 equine experiences and interactive tours for groups including retirement and long-term care homes as well as corporate groups looking for unique team building experiences.
- ◇ We launched a new three-year Strategic Plan to focus on nurturing and growing an engaged community, increasing our long-term funding, organizational culture, and ensuring our participant's needs remain at the centre of all we do. This plan aims to position us for an eventual Capital Campaign.

Our fundraising committees continued their dedicated work in raising funds for our expanding programming initiatives. Bowling for Ponies was a blast as always with 92 bowlers hitting the lanes. Day at the Derby's new venue Paradigm Spirits Co. was an incredible host for this energized event. A sunny day on the links pleased 86 golfers at our annual Golf Tournament. After two years of unfortunate cancellations Ride-a-Thon was back! Finally our Artisan Auction welcomed guests to the farm under twinkly lights. The efforts of our event committees were formidable as always. We sincerely thank our community for rallying your much-needed support behind these critical fundraisers.

I wish to extend my sincere gratitude to our incredible team of SARI volunteers. Our success would not be possible without their enthusiasm, contagious energy and dedicated service to our program. With nearly 250 volunteers on our roster, and 100 more waiting for their opportunity to get involved, this is a true testament to the volunteer culture we proudly provide on the farm. I wish to acknowledge the additional effortful undertaking of this year's “cleaning crew”, who spent hundreds of collective hours showing such care for the facility through painting, gardening, deep cleaning efforts and more. Our property has never looked so good!

Finally, it is with great pride that I acknowledge the incredible staff team behind it all. This team is deeply passionate about the SARI mission, shows exemplary dedication to our participants, ensures our four-legged friends live beautiful lives, and truly care for one another. The SARI team makes it easy each day for me to arrive to work (and difficult to leave because we are having so much fun!). As I face a one year's maternity leave in early 2023, I depart knowing this team is one of great leadership, high-performance and true passion for what they do—and I already can't wait to return. I know that under the guidance of now Interim Executive Director, Susan Morel, this team will gallop into 2023!



Janine Langley
Executive Director

President's Message

First, let me start off by thanking the staff, the volunteers, the Board members, and the participants of SARI. I have enjoyed my position as President of the Board and it is due, in great part to all of you. While the previous years have been challenging with regards to COVID and the protocols that entailed, this past year was no less challenging. We were able to move to in-person events which presented their own difficulties, but we were able to rise above them and get back to what we do best – serving our community! We held many successful fundraising events and programs this past year, including our annual Summer Camp.

Our Board of Directors completed the Strategic Plan for that will lead our endeavours for the next 3 years. Implementation has begun and we are moving forward in a steadfast way.

The Board and our staff have worked hard to ensure that we continue to offer an inclusive, engaging space to current and future participants. We sincerely appreciate all our staff and volunteers. There is simply not enough space to individually thank everyone. Please know that your contribution both big and small supports SARI's success is on a daily basis!

This past summer, we were very pleased to be able to dedicate our new pavilion to our founders, Jeanne and Syd Greenberg, at an in-person event. This dedicated space is a testament to their vision. It was built with the help of many hands and now stands proudly as a reminder of the generosity of our SARI community. We invite you to come and enjoy SARI's newest outdoor space.

In closing, I would like to thank the Board of Directors for their ongoing dedication, support and encouragement of this very worthwhile endeavour. I look forward to the continued success of SARI and wish our donors, staff, volunteers, and participants the very best in the future.

Jared Alger
Board President



SARI Board of Directors 2022-2023

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2021-2022 Outcome Measurements for Therapeutic Riding Program

Each program year (September to June) at SARI our instructors set individualized goals that are designed to meet the unique needs of each participant in the Therapeutic Riding Program. In September 2021, participants/caregivers were asked to collaborate with instructors and/or program therapists to identify areas of focus in four categories: independence, physical ability, social connections and communication. Throughout the program year, instructors track progress on weekly documentation, undergo evaluations of both supervisors and independent (arm's length) observers, and more.

The results once again prove the effectiveness of our programming! They are:

86% of participants showed improvements in their INDEPENDENCE—including grooming and tacking their own horse, steering without volunteer support, and even mounting and dismounting solo!

89% of participants showed improvements in their PHYSICAL ABILITY —including balance, postural control, coordination, range of motion, cardiovascular stamina, strength, flexibility and/or fine and gross motor skills!

93% of participants showed improvements in their SOCIAL CONNECTIONS —including social skills, following direction, recognizing the feelings of others, showing a willingness to engage in new activities, etc.

AND 96% of participants showed improvements in their COMMUNICATION—including speech and annunciation, creating full sentences, using pictures to communicate to their mount, maintaining eye contact, thanking volunteers and more!

Four Legged Friends



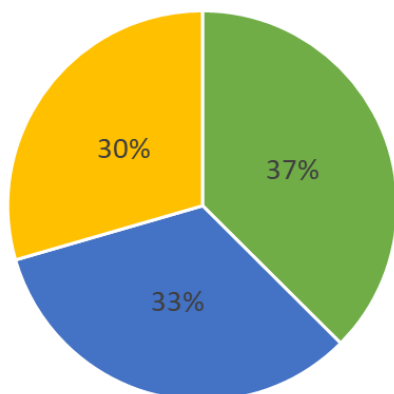
Dickens (above) and Anea (right) were proudly retired in the summer.



- After 8 years of service, we retired our Hanoverian cross mare Anea to a lifetime of relaxation at a local farm. We wish to thank her owner for this long-term career loan!
- After 9 years of service, we retired our resident gaited Rocky Mountain gelding Dickens to the care of his best human friend.
- 17 year old Paint x Percheron gelding Doc reached a milestone decade of service, following only in the hoof-steps of long-time herd members Tinker and Belle (11 years) and Ben (12 years).
- We said a hard goodbye to beloved barn cat Goblin after a brave battle with illness. Soon after we welcomed sweet girl Chip to the extermination team alongside fluffy cuddle bug Tommy.
- Allegro and Doc expertly travelled to a local competition with two of their advanced riders to compete in dressage with excellent results!
- Once again we celebrated a successful Adopt-a-Pony program under which all horses are adopted. Additional donors were introduced to our “Friend of SARI” campaign to support extraordinary and unpredictable expenses.

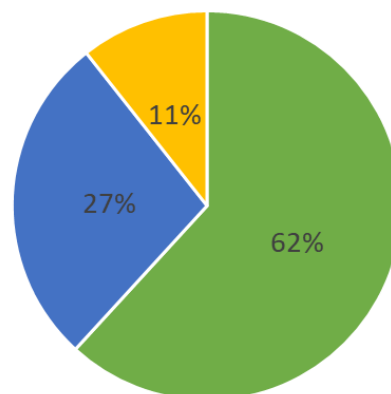
Finances

REVENUE



■ Donations/Grants ■ Fundraising ■ Fees for Service

EXPENSES



■ Payroll ■ Administrative/Operations ■ Stable

Fast Facts...

- ◇ We received two large employment grants allowing us to expand our team with the addition of temporary Program Development Coordinator and Program Facilitator positions.
- ◇ SARI received ongoing payroll support through Canada Summer Jobs and the Summer Experience Program through the Ministry of Tourism, Culture and Sport.
- SARI played host to six student placements throughout the year including those from Western University, the University of British Columbia, and the Royal Dick School in Scotland! These students offer additional assistance to the staff team.

2022 Event Outcomes

Bowling for Ponies	Day at the Derby	Golf Tournament	Ride-a-Thon	Artisan Auction
				
\$38,601.51 raised	\$27,641.41 raised	\$48,422.78 raised	\$20,798.03 raised	\$13,650.68 raised
2023 Date: Sunday March 5 th	2023 Date: Saturday May 6 th	2023 Date: Thursday June 15 th	2023 Date: Saturday September 23 rd	2023 Date: November TBD

2022 Highlights



We welcomed back Camp SARI—the first we were able to offer in three years! Summer campers enjoyed their horsemanship lesson on grooming and bathing our pony Ben under the watchful eye of our enthusiastic team!



SARI Founders Jeanne and Syd Greenberg were inducted into the Middlesex County Agricultural Hall of Fame. Their photo will be prominently displayed at the Western Fair Agriplex in perpetuity!



Our Volunteer Coordinator since 2017, Terry Power was honored with the June Callwood Award for Excellence in Volunteer Management. This prestigious award was recognized through a virtual ceremony.



Members of the Greenberg family (Kassie, David, Rees and Genevieve) cut the ceremonial red ribbon as we completed construction on the Jeanne & Syd Greenberg Memorial Pavilion. This three-year long project wrapped up in 2022 and will serve as additional programming and rental space for years to come.



Our five annual fundraising events are critical to our success; we rely on the generosity of our community for sponsorship, prize donation, raising pledges and ticket sales to represent 33% of our annual income! Events included the ever popular Bowling for Ponies, Golf Tournament and equestrian favourite Ride-a-Thon.

Acknowledging the Generous Support of Our 2022 Donors

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SARI Therapeutic Riding endeavours to ensure the accuracy of the donor list and regrets any oversights that may have occurred. Please contact office@sari.ca if changes are necessary.

2022 Heritage Club Donors

The SARI Heritage Club recognizes donors who have contributed to SARI for 5 or more years. We welcome the following members to their anniversary year:

5 YEARS

<i>Lindsay Abercrombie</i>	<i>Jennifer Butkus</i>	<i>Linda Koolen</i>
<i>Joan Aldis-Pratt</i>	<i>Tammy Butt</i>	<i>Cathy Lenny</i>
<i>Jared Alger</i>	<i>Mike Evans</i>	<i>Christina Oake</i>
<i>Venessa Archibald</i>	<i>Rosie Flanagan</i>	<i>Joy Starkey</i>
<i>William Assini</i>	<i>Mary Hayes</i>	<i>George Suschkov</i>
<i>Randall Besterd</i>	<i>Wanda Johnston</i>	<i>Valentina Trglavcnik</i>
<i>Steve Bocking</i>	<i>Catherine Heberle</i>	<i>George Turpie</i>
<i>Emma Brooks</i>	<i>Maryanne Kjemtrup</i>	<i>Constance Tweedie</i>
<i>Faye & Gary Brownstone</i>	<i>Joanne Langley</i>	

10 YEARS

<i>Dr. Greg Cook, Optometrist</i>	<i>Robert Fowler</i>	<i>London Knights Alumni Foundation</i>
<i>Davis Martindale</i>		
<i>Management Services</i>	<i>General Airspray Limited</i>	<i>Paul & Lesley Pergau</i>
<i>Sarah Kirshin-Nielans</i>	<i>Hopper Veterinary Professional Corporation</i>	

15 YEARS

Beverly Miehl
Hoskin Feed & Country Store

20 YEARS

Desi Brownstone

25 YEARS

Suzanne Allan

Special Thanks

SARI thanks Belvoir Estate Farm & Equestrian Centre for their ongoing support of our fundraising efforts.

SARI is grateful to Dr. Lisa Marchuk and the team at Scholl Animal Hospital for their exceptional care of our barn cat Goblin.

SARI thanks our team of in-kind equine practitioners for their dedication to our herd:

Bronwyn Harrison Osteopathy, Tracy Herzick Bullseye Massage Therapy, Dr. Sarah Heath Chiropractic, and Emilie Arthurs Healing Touch Equine Services.

SARI is grateful for donations made in honour of Vicki Bruinsma, Ann Buechler, Meaghan Conway, Garry Harris, Ruth Herperger, Irene Marton, Paula McKenzie, Caryn Parvanyik, Brenda Ross, Steve Rowland, Norm S., Wayne Sanders, Barbara Westman, Al Vanderveen, and "Goblin".

Finally, SARI thanks those who helped to design and build the Jeanne & Syd Greenberg Memorial Pavilion:

The Barnswallow Company, Clintar Commercial Outdoor Services London, Andrew Lowry & Carpenters Union Local 1946, Copp's Buildall, 14D Construction Ltd., Kyle Miller, and Techo-Bloc.